



University of the Third Age



Wynyard

Newsletter

P.O. Box 29, Wynyard, Tas. 7325
Email: u3awynyard@gmail.com
Website: wynyard.u3anet.org.au

February 2016

Newsletters will be emailed to all on the contact list..... or can be viewed on the website, or at the Wynyard and Burnie libraries and the Warwyn council chambers.

U3A Wynyard is where you can learn about interesting things with other interesting people sometimes in interesting



venues! Highlights from last year include: Coffee shop French – in a coffee shop, of course. Term 1 2016 Alwyn will offer German AND Tess will offer Italian.

Everything you ever wanted to know about U3A: See our new website at wynyard.u3anet.org.au

Eating wild Tasmanian plants – in a garden, of course. Term 1, 2016 Rees will offer Beachcombing at Fossil Bluff



Bird identification field trips – not sure they're looking at birds though! Col will be repeating the identification classes in term 1 2016, and field trips in term 11.

U3A Wynyard is about to commence our second year. We had an enormously successful first year, and 2016 looks promising with a whole range of new classes, courses and tutors.

Is there anything you want to learn?

Is there anything you could share your skills in?

Contact the U3A committee on u3awynyard@gmail.com with your suggestions. U3A is informal, no exams, sharing of knowledge. Intended for learners over 50 who are no longer in full time employment, U3A is a volunteer organisation designed to cultivate community curiosity and learning.

We're not ALL grey haired, you know!



How to join U3A and enrol in courses: Full details will be found on our website at wynyard.u3anet.org.au. If you don't use the internet or would simply prefer to deal with a live person, just come along to one of our face-to-face sessions:

Wednesday 17th February 10:00–12:00 ArtsCape 45 Jackson Street

Friday 19th February 2:00–4:00 Wynyard Library

Monday 22nd February 11:00–3:00 Parish Hall St. Stephen's Anglican Church Dodgin Street

Everyone is welcome to attend our AGM – Monday 22nd February at 10am at St Stephen's Church hall, Dodgin St. All positions will become vacant – so we would love to see some new faces. Email for nominations forms or information.

Some hot favourites are being offered again in 2016..... Music, Serendipity, Drama.....and some amazing new subjects. Did you know your membership entitles you to attend as many sessions as you wish? Make the most of your membership, meet new people, learn new things.



Timetable for Term 1, 2016

Summarised course descriptions at end of timetable – for full details go to the website.

Monday _____ Time _____ Dates _____ Duration (weeks)

Aerobics: An Introduction	10:00 – 11:30	June 13	1
Bird Identification for Beginners	2:00 – 3:30	March 7, 14, 21	3
Eco Spirituality	2:00 – 3:30	April 4, 11, 18, 25	4
Gin: Dutch Courage , Mothers’ Ruin or the Cocktail Queen?	2:00 – 3:30	June 20, 27	2
Living with the Law in Tasmania	10:00 – 11:30	May 2, 9, 16, 23, 30, June 6, 13, 20, 27	9
Real Estate: How to Negotiate	10:00 – 11:30	March 7, 14, 21	3

Tuesday _____ Time _____ Dates _____ Duration (weeks)

A Musical Journey from Europe to Tasmania	10:00 – 12:00	Feb. 23, March 1, 8, 15 then Wed. March 30, April 6	6
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Wednesday _____ Time _____ Dates _____ Duration (weeks)

Coffee Shop German	2:00 – 3:00	March 16, 23, 30, April 6, 13, 20	6
Complain Constructively	2:00 – 3:30	June 15, 22, 29	3
A Musical Journey from Europe to Tasmania	10:00 – 12:00	March 30, April 6	(last 2 sessions of 6)
Serendipity: So Many Gods	10:00 – 11:30	March 2	1
Serendipity: China – Beyond the Tourist Bubble	10:00 – 11:30	March 9	1
Serendipity: Dance of the Dragon	10:00 – 11:30	March 16	1
Serendipity: Earthy Words	10:00 – 11:30	March 23	1
Serendipity: Beachcombing	10:00 – 11:30	March 30	1
Serendipity: Stopping the Rot	10:00 – 11:30	April 13	1
Serendipity: Artistic Creativity – Origins and Processes	10:00 – 11:30	May 4	1

Serendipity: Deep Down where Sun Don't Shine	10:00 – 11:30	June 8	1
Serendipity: Liquid Gold	TBA	TBA – April or May	1
Telling It Like It Is	2:00 – 4:30	May 4, 11, 18, 25, June 1	5
Train Your Memory	10:00 – 12:00	April 20, 27	2
You, Me and Almost Everything Else: The Inside Story	10:00 – 11:30	May 11, 18, 25, Jun 1	4

Thursday	Time	Dates	Duration (weeks)
The World's a Stage	9:00 – 12:00	March 3, 10, 17, 21, April 7, 14, 21	7
Italian for Fun	2:00 – 4:00	May 5, 12, 19, 26, June 2, 9	6
Rock Words	2:00 – 4:00	June 16, 23	2
Stretching for Seniors	10:00 – 11:30	May 26, June 2 and 9	3
Taking Better Photos	2:00 – 4:00	March 10, 17, 24, 31	4

Courses listed Alphabetically

Aerobics: An Introduction

When: Monday June 13 (1 session), 10.00 – 11.30 am

Where: Anglican Church Hall, Dodgin Street

Presenter: De Salpietro

A 'come and try' one hour aerobics class for fit, active seniors wishing to try this popular form of exercise. We will cover exercises for the cardiovascular system, followed by strength and balance conditioning designed to invigorate and energise. Non-members are welcome to 'come and try' the session for \$3.00.

Bird Identification for Beginners

Classroom Sessions **When:** Monday March 7, 14, 21 (3 sessions), 2.00 – 3.30 pm

Where: Artscape, 45 Jackson St., Wynyard

Presenter: Col Meyers

How to identify the birds you may see in your immediate environment. Basic bird anatomy, similarities and differences, and some tips for making identification and deciphering field guides.

Coffee Shop German

When: Wednesday March 16, 23, 30, April 6, 13, 20 (6 sessions), 2.00 – 3.00 pm

Where: "Rumour Has It" Cafe, 23A Goldie St., Wynyard

Presenter: Alwyn Friedersdorff

This will be a very relaxed, *one hour* conversational type class where the learner will master the beginnings of communication, sufficiently to be able to greet others, ask simple directions, do shopping, etc.. Written German will not be part of this course.

Complain Constructively

When: Wednesday June 15, 22, 29 (3 sessions), 2.00 – 3.30 pm

Where: Uniting Church Hall, Dodgin Street

Presenter: Alwyn Friedersdorff

In three interactive one hour sessions, we will look at Super Communication Skills, how to complain constructively and learn more about the skill of negotiation.

Eco-Spirituality

When: Monday April 4, 11, 18, 25 (4 sessions), 2.00 – 3.30 pm

Where: Artscape, 45 Jackson St., Wynyard

Presenter: Tom Kingston

At a time when we are learning so much about the universe and the human race we are also facing an environmental crisis that refuses to go away. These workshops will explore the writings of Thomas Berry who has been referred to as a 'Cultural Historian', an 'Ecological Visionary', a 'Geologist and Cosmologist', an 'Eco-theologian'.

Gin: Dutch Courage , Mothers' Ruin or the Cocktail Queen?

When: Monday June 20, 27, (2 sessions), 2.00 – 3.30 pm

Where: ArtsCape, 45 Jackson Street, Wynyard

Presenter: Dr Bert Shugg

A two session discussion including Gin as a Medicine, Gin and Power, Women and Gin and the Gin Renaissance. I will also discuss how Gin is made, how to taste Gin and aspects of the craft revival of Gin.

Italian for Fun

When: Thursday May 5, 12, 19, 26, June 2, 9 (6 sessions), 2.00 – 4.00 pm

Where: Anglican Church Hall, Dodgin Street

Presenter: Tessa Cirillo

Italian is a fun language. We will learn about Italian culture, Italy and its tourist attractions and history, foods, colours, how to count, tell the time, the weather etc. The main thing is to have some fun, laughter and enjoy learning a new language.

Living with the Law in Tasmania

When: Monday May 2, 9, 16, 23, 30, June 6, 13, 20, 27 (9 sessions), 10.00 – 11.30 am

Where: ArtsCape, 45 Jackson Street

Presenter: Brendan Pentony

A course designed not to convert participants into lawyers but to raise consciousness about an important feature of everyday life. It will provide an outline of the law that touches their daily lives. The presenter will not be providing legal advice but participants will be encouraged to ask the questions that generate discussion.

A Musical Journey from Europe to Australia

When: Tuesday February 23, March 1, 8, 15. Wednesday March 30, April 6 (6 sessions), 10.00 – 12.00

Where: Uniting Church Hall, Dodgin Street

Presenter: Maree Cole, Philip Nicholas

The Musical Journey will start in Spain in the early 16th century through England then moving to Italy and the early baroque in the 17th century, journeying through Europe to European style music with Australian themes and sounds through to the weird and wonderful contemporary Australian Classics which often include indigenous instrumentation.

Real estate: How to Negotiate

When: Monday March 7, 14, 21 (3 sessions), 10.00 – 11.30 am

Where: Artscape, 45 Jackson St., Wynyard

Presenter: Leigh Barrenger

How to sell your home for the best price and how to choose your agent.

Rock Words

When: Thursday June 16, 23 (2 sessions), 2.00 – 4.00 pm

Where: Anglican Church Hall, Dodgin Street

Presenter: Jo Crothers

This course will continue to explore in detail the geological prefixes, suffixes, analogies, metaphors and similes that can help to illuminate complex geological concepts.

Serendipity

A Pleasant Surprise or Happy Accident. According to a Persian fairy tale, the three Princes of Serendip were "always making discoveries, by accidents and sagacity, of things which they were not in quest of." (Horace Walpole)

An eclectic and random collection of informal talks on intriguing topics. Pick the ones that pique your interest. To avoid disappointment, we would prefer you to pre-register as for other courses. (Some courses have a maximum).

Where: Uniting Church Hall, Dodgin Street (unless otherwise stated)

Wed. March 2 **10.00 am** **So Many Gods** Mervyn Mitchell
A photographic tour through Muslim Kashmir, Buddhist Ladakh (high in the Himalayas), Sikh Amritsar and Hindu Varanasi and Rajasthan. Mervyn is a keen photographer who loves to backpack in India, the last time being Jan. – Feb. 2016.

Wed. March 9 **10.00 am** **China: Beyond the Tourist Bubble** Fleur Fallon
Insights into ordinary life in China. Changes in people's expectations and daily habits. Introducing the dramatic changes in ordinary life; money, mobile & on-line communications, shopping, transport, education, health, food, housing, careers, romance, family etc.

Wed. March 16 **10.00 am** **Dance of the Dragon** De Salpietro
The 'Dance of the Dragon' is an 'on-the-spot' movement sequence performed with a 'chi ball', which will be provided for your session. This dance is practiced by Chinese people to improve health and mobility by massaging internal organs and creating space in the body so they have room to do their work. Suitable for the fit and the unfit.

Wed. March 23 **10.00 am** **Earthy Words** Jo Crothers
Understanding word meanings can help to simplify the geological complexities of our world.

Wed. March 30 **10.00 am** **Beachcombing** Rees Campbell
Come and explore the treasures of our coast from rock pools to high tide. Uncover the mysterious creatures hidden in tidal pools, within shells, under rocks or washed up in the sea wrack.

*****Meet at Fossil Bluff car park at 10.00 am and wear footwear which can get wet as we poke about at low tide.**

Wed. April 13 **10.00 am** **Stopping the Rot** Hilary Wright
We almost all save articles for various reasons, sentimentality, value or just for the future. What do we know of the past and from it what can/should be saved - how to save it and importantly - why do we?

Wed. May 4 **10.00 am** **Artistic Creativity – origins and processes** Con Rhee
Questions, questions. Where does creativity originate? Inherent or learned? Character traits? What is the difference between problem solving, inventiveness & artistic expression? What is the spectrum of artistic creativity? What processes go on in the mind of a visual artist? Is visual art an intended dialogue or a monologue? And so on.

Wed June 8 **10.00 am** **Deep Down where the Sun Don't Shine** Mervyn Mitchell
A richly illustrated introduction to the science of caves (speleology) as shown through the exploration and mapping of deep caves (some flooded, some frozen, some vast, some fabulously decorated) in British Columbia's beautiful basement.

April or May **Liquid Gold** Mervyn Mitchell
The art and craft of cider making. This will be hands-on, so wear old clothes. **To be scheduled at Sisters Beach when the apples are picked and ready to process. Registrants will be informed of the date and time by email or phone. 62 Irby Bvd., Sisters Beach 6445 1168**

Stretching for Seniors

When: Thursday May 26, June 2 and 9 (3 sessions), 10:00 – 11:30 am

Where: Anglican Church Hall, Dodgin Street

Presenter: De Salpietro

A gentle but invigorating course to improve the mobility of your joints. Get rid of that 'tight feeling' and increase your range of motion. Some movements are performed standing, and some sitting, but there is no need to stand if you don't want to.

Taking Better Photos

When: Thursday March 10, 17, 24 (3 sessions), 2.00 – 4.00 pm

Field Trip: Thursday March 31 (half day) Time and place to be arranged at first meeting

Where: Anglican Church Hall, Dodgin Street

Presenters: Ian Hubble assisted by members of Wynyard Camera Club

Better understand your camera as you learn to take better photographs. Each session to cover photographic principles, hands-on practice and review. (Maximum participants: 12) **Bring:** Camera, pen and paper

Telling It Like It Is: Drawn to Wynyard - A Life Writing Project

When: Wednesday May 4, 11, 18, 25, June 1 (5 sessions), 2.00 – 4.30 pm

Where: Uniting Church Hall, Dodgin Street

Presenter: Fleur Fallon

We can create a book of our shared stories together - newcomers to Waratah-Wynyard, AND those with long roots in this region - in a gentle, safe environment. Writing is deeply personal. You don't have to be good at spelling or grammar, just tell it like it is .

The World's a Stage

When: Thursday March 3, 10, 17, 31, April 7, 14, 21 (7 sessions), 9.30 – 12.00

Where: Anglican Church Hall, Dodgin Street

Presenter: Alan Wright

This is a hands-on course about enjoying plays, TV and the theatre in general, including some play-writing, acting and directing - and possibly culminating in one or more mini-performances. Suitable for anyone, whether beginner or repeater, with the first class being a brief revision of last year, before moving on in some new (and very exciting!) directions.

Requirements * a lined A4pad and pens in different colours * comfortable clothing and 'practical' footwear are suggested

Train Your Memory

When: **Wednesday** April 20, 27 (2 sessions), 10.00 – 12.00

Where: Uniting Church Hall, Dodgin Street

Presenter: Rees Campbell

Make your memory work for you by learning:

- * How, why and what our brain remembers. * Different types and stages of memory
- * Major strategies to improve your memory * Explore some practical activities to take away with you.

You, Me and Almost Everything Else: The Inside Story

When: Wednesday May 11, 18, 25, June 1 (4 sessions), 10.00 – 11.30 am

Where: ArtsCape, 45 Jackson Street

Presenter: Mervyn Mitchell

A light-hearted, non-mathematical exploration of the stuff from which our universe is made, starting with the smallest particles, beyond the reach of any microscope, and moving up through atoms and molecules to you and me, to the rocks beneath us, the atmosphere above and the hearts of stars. Chemistry is exciting, sexy, fascinating and explains so much about us and the universe we call our home. How could you not want to learn about such things?



P.O. Box 29, Wynyard, TAS 7325
Email: u3awynyard@gmail.com
Website: wynyard.u3anet.org.au

Membership application form. One form per person.

FIRST NAME: _____ SURNAME: _____

EMAIL: _____ CONTACT PH NO: _____

ADDRESS: _____

DATE OF BIRTH: _____

GENDER: (tick) male female other

FIRST LANGUAGE: _____ OTHER LANGUAGES: _____

HOW DID YOU FIRST HEAR ABOUT U3A Wynyard: _____

FEES: (tick)

Individual: \$30 per term or \$50 per year (January-December)

Couple: \$50 per term or \$75 per year

Fees may be paid by EFT, or cheque. Cash will be accepted by arrangement.

Cheque to P.O. Box 29, Wynyard, Tas. 7325

EFT - Bank: CBA, Wynyard BSB: 067010 Ac: 1006 8342 **Please supply your full name**

Privacy Policy U3A Wynyard

U3A collects personal information from members to enable us to deliver an efficient service to members. The information collected is managed solely by U3A Wynyard and will only be used for organisational, emergency, insurance, and grant submission purposes.

Applicant's signature: _____

Date: _____

Office Use Only	ID no:	Receipt No:	Date joined:
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P.O. Box 29, Wynyard, TAS 7325
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U3A Wynyard Class Enrolment Form Term 1 2016

NAME: _____

EMAIL: _____

CONTACT PH NO: _____

Due to limited numbers in some venues, classes will be filled as enrolments are accepted. A term or year membership enables multiple enrolments.

Please tick Term or Year membership

Subject 1: _____

Subject 2: _____

Subject 3: _____

Subject 4: _____

Subject 5: _____

Post your completed enrolment form to U3A P.O. Box 29, Wynyard, Tas. 7325 or Email: u3awynyard@gmail.com , or drop it off to the U3A box in the Wynyard Library (LINC)
Confirmation of enrolment will be emailed to you.

Office Use Only	ID no:	Receipt No:	Date joined:
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