

Classes offered by U3AW from Semester 1, 2015 to Semester 2 2021

Please inform us if you would like to see any of these courses repeated. Refer to past newsletter for full course details (on this website.)

Sessions offered in Semester 2 2021

Book Club #1

Exercise for Quinquagenarians to Octogenarians

Cooking foundations for fabulous meals-pasta, bread and sauces

Create with collage

You are even weirder than everyone thinks you are

Excursion: Cross laminated Timber production

Film Appreciation

Globalism with Chinese characteristics

The Noonkanbah story

Excursion: A sedimental journey

Kimberley Dreaming

Talking the Topic Book Club

An introduction to a modern medical imaging department

Excursion: Worm farms and gabion walls

In conversation with Mary Kille

The women that changed our universe

Excursion: Redbank Farm

A young man's colonial experience in New Guinea

Excursion: Savage River Mine

Small steps and giant leaps

Building a church

Time

Excursion: Tasmanian Advanced Minerals factory tour

The west coast, my first look

Build a memory library

The history of mathematics and modern implications

Tracking changing atmospheric composition

Sounds Global music morning

Carnivorous plants NW Tasmania

Excursion: Remnant vegetation of Wynyard

Ireland and our heritage

Yet more joy, more jazz: Pianists and singers

Forest Defenders film

Strut your stuff

Excursion: Ecology and geology of Postman's track

Even more of Shakespeare's hidden gems

Porridge, potatoes and a spoonful of medicine

Exploring ancient South Australian landscapes

A case for evidence based history

Tassie Towns

The history of Persia

Finding Mawson's air tractor in Antarctica

Memoirs of an ocean sailor

Classes Offered in Semester 1, 2021

Book Club # 1

Get up and move

Tai Chi for arthritis and fall prevention

Serendipity: Building a house of hemp

Fire lighting – now and then
A sedimental journey
Armchair Travel: A personal journey through the eastern bloc
Serendipity: Measuring atmospheric composition
More of Shakespeare's hidden gems
Excursion: Redbank Farm
Film Appreciation
Serendipity: An inside view of Gaza
Excursion: Explore Fossil Bluff rockpools
Armchair Travel: Two Tassie trips
Talking the topic — our other book group
Excursion: Bus tour of historic sites — Hampshire and Surrey Hills
Serendipity: The life and times of the Lake Margaret Tramway
How the west was lost
Worm farms and gabion walls Serendipity: From Nuna to Fossil Bluff: the geological history of the Wynyard area
Years ahead: misunderstood road rules
Excursion: Fossil Bluff rediscovered
Serendipity: North West Community Legal Centre
A Stroll down some of poetry's byways
Serendipity: Searching for ET
Your technology questions answered
Excursion: Forico Nursery
Armchair Travel: Cruising with the stars
Serendipity: Native orchids of NW Tasmania
Electric car walk-around and Q and A session
Excursion: Ransley veteran car collection
Serendipity: Four amazing men
Working with analytical X-rays
Natural resource management: what is it, what does it have to do with me?
Armchair Travel: Venice
Serendipity: Fabulous fungi
The ISLAND Project — how you might be able to modify your risk of dementia
Bike maintenance and care
My great, great grandfather was a convict
Serendipity: The fine art of creating excellence
My Journey with Penguins; a guide
Excursion: Tasmanian Advanced Minerals factory tour
Armchair Travel: The great outdoors: white water rafting in Qld to sea kayaking in Antarctica
Serendipity: Geomagnetic reversal – how trustworthy is your compass?
Around and around – Tasmania from the outside looking in
Ukulele pop up outdoor jams
Harmonica jam

Classes Offered in Semester 2, 2020

Book Club
Clogging
Tai Chi for beginners
Serendipity, NW Community Legal Centre: Who We Are, What We Do and Legal Issues that Affect Us All
Ukulele pop up outdoor jams
The North-West Coast by Time Travel
Botanical Art
Armchair Travel: To Antarctica, the long way
Excursion: Bird identification at Tiabunna
Serendipity: My Life as an Artist
Excursion: Vestiges of our glacial past
Film Appreciation

Talking the Topic — our other book group
Serendipity: Beauty and the Beast
Armchair Travel: Roads less travelled in Europe
Serendipity: Rural Alive and Well (RAW)
More of Shakespeare's Hidden Gems
Excursion: Remnant Vegetation of Wynyard — a botanical walk
Serendipity: The Story behind an Australian Story — the Claremont Murders
Excursion: Macro Photography
s Armchair Travel: Taste of Sri Lanka
Serendipity: Join the Pain Revolution — Re-think Pain, Re-engage, Recover
Dr Iain McFarlane continues his local history lectures looking at the lives of the first explorers and settlers. Life under Edward Curr and the Van Diemen's Land Company
My life in Slime
Personality type and you
Excursion: BUS TOUR OF HISTORIC SITES Hampshire & Surrey Hills
Serendipity: The Future for Feeding the World
Armchair Travel: Cruising from Darwin to Broome
Serendipity: The Story of Two Songs
Canine Care
Skits
More Joy: More Jazz
Serendipity: Gravitational Waves
Introduction to Qigong
Armchair Travel: Ireland
Fire in the Tasmanian Landscape
Serendipity: Rome — Treasure house of architecture and art

Classes Offered in Semester 1, 2020

Only a few classes were offered by Zoom during the Covid 19 lockdown in Tasmania

Classes Offered in Semester 2, 2019

Make a Pen
Tai Chi for Arthritis
Harmonica Jam
Reaching for the Stars
Ukuleles
From Midwife to Member
Telling Tales
Film Appreciation
Past Lives 1: Intriguing stories from members
Life Moves
A Tale of Two Headlands # 1
Mosaic Taster
Past Lives 2: Intriguing stories from members
Book to Film Adaption
Excursion: Wynyard's Robo-Cows
Excursion: Red Cow Organics Dairy, Oldina
Power Tools: Hey, I can do this! (Repeat)
A Tale of Two Headlands # 2
Mixed Media Mayhem
Build Your Own Casket
Excursion: Wynyard Community Garden
Beat Your Grandchildren at Chess

Learn German
Reaching for the Stars
Ukulele & Singers Jam Session (continuation)
Serendipity: From Midwife to Member
Serendipity: Inspiring Change: From policeman to preacher
Your Technology Questions Answered
Serendipity: Deep Down Where the Sun Don't Shine
Blue Hope
Serendipity: The ISLAND Project
The North-West Coast by Time Travel
Serendipity: King Arthur
Serendipity: Vacating the Two Star Hotel
Serendipity: Water, Water Evrywhere
Botanical Art
Serendipity: Owen: The man and the mountain
Blues Ukulele
Serendipity: The Mechanics of Communication
Serendipity: Combining Scientific farming with Wildlife Conservation
Serendipity: What a Load of Rubbish
Serendipity: The Joy of Jazz
Telling Tales
Film Appreciation
Past Lives: Intriguing stories from members
Armchair Travel: Kangaroo Island
Bread Baking (repeat)
Wynyard Pictorial History
Armchair Travel: The Magic and Colour of India
Poetry Reading
Mental Health Week Free Event: Strike A Chord
Armchair Travel: Europe by car
Shakespeare: to illuminate the mind and warm the heart
Wills, Powers of Attorney and Enduring Guardianship
Armchair Travel: Cycling in France
Be Your Own Delphic Oracle (Repeat)
Armchair Travel: A Pilgrim's Tale
Biological Farming in Latin America
Armchair Travel: Turkey: Where East Meets West
Excursion: A tale of Two Headlands #3 (Repeat)

Classes Offered in Semester 1, 2019

Alexander Technique
Armchair Travel: From Mt Owen to Denali and Beyond
Into Africa
Russia by Riverboat
On the Trail of '98
Cambodia: Canary in the Coalmine – Part 2
Zanzibar – the old and the new
Be Your Own Delphic Oracle
Bread Baking
Coffins, Caskets and Shrouds
Demystifying Written Music

Diamonds: the pleasure and perils of diamond buying
Excursion: Murnong Wild Food Garden
Film Appreciation (7 films shown on alternate weeks)
Fossil Bluff's Secrets
Free to Download and Use
Gluten-Free Cooking
Land the Right Information: Covers historical deeds, titles, land surveys and charts which are available to access freely through Libraries Tasmania website and the Land Tasmania's website, The LIST.
Let's Learn German
Lifting the Lid On A set of six presentations on separate, everyday scientific
Make your own natural moisturiser
More Words, Words, Words
Past Lives
Play Pétanque
Poetry Reading
Power Tools ... Hey, I can do it!
Serendipity: WHAT DID YOU SAY? My hearing is fading
Greenhouse Gas Emissions
The Great War: Differing Perspectives
Yacht Club sails into top spot
Gluten: Facts, Fallacies, Fantasies
Finding Life Before Life?
Cuba and Peak Oil
Climate Change's Biggest Dilemma – Global Dimming
Firefighter, fundraiser, surf life saver and now marathon kayaker
My family in Java
Thermal Agitation
ABC History and Bloopers
Tai Chi for Arthritis and Fall Prevention
Telling Tales
Ukulele: Fingerpicking and Fingerstyle
Wynyard: A Pictorial History

Classes Offered in Semester 2, 2018

Armchair Travel: — Iceland
Armchair Travel — South Africa's Garden Route
Armchair Travel - Trans-Mongolian and Trans-Siberian Railways
Armchair Travel - Cambodia: Canary in the Coalmine
Armchair Travel — Self-driving Canal Boating in Europe
Armchair Travel — Cuba - 2010: Resilience to prosperity? The third path
Art with Sally Sadler
Basic First Aid/ CPR – accredited training
Beauty and the Beast
Beginners Ukulele
Continuation Ukulele and singers jam session
Discover Tasmania's Arboretum
Discover Wynyard's Community Gardens
Dying 2 Know Your Options?
EXCURSION: Fossil Bluff's Secrets
Film Appreciation

Harmonica (continuation)
How Surnames Began
Huntington's Disease — Tasmania's curse
In the Wake of Bass and Flinders – Tasmania from the outside looking in.
Introduction to Live Well Tasmania and the NICE program
Introduction to Tai Chi for Arthritis and Fall Prevention
The Lobster Ponds
Magnificent Desolation – The Story of the Moon
Mode and Effects of 2011 Christchurch NZ Earthquakes
Murchison: the good, the bad and the legacy
Music Appreciation
Poetry Readings
RACT - Driving Years Ahead
Regional History of North-West Tasmania
Righting Wrongs
Ropes and Knots
Serendipity — Preparing PowerPoint Presentations
Serendipity — Windfarms and Wildlife
Serendipity – Ships and Ports
Serendipity — The Future of Banking..... Do we need them?
Serendipity — I would if I could with wood
Serendipity - Lord Howe Island
Serendipity - The Good Oil on Fats
Serendipity — Doctors and Dinosaurs
Tastes of the wild: native edible plants in our garden and kitchen
Theatre and Drama For Fun
Treasure Hunting at Doctors Rocks.
Wine Appreciation
Words, words, words

Classes Offered in Semester 1, 2018

Anatomy and Physiology
Armchair Trave: Alaska, Guatemala, Iceland
Art with Sally Sadler
Asbestos
Beachcombing
Book Club #1 (Ongoing from 2017)
Book Club #
Chess — How to beat your grandchildren
Doctors Rocks Treasure Hunting
Flowerdale Flowers Excursion
Fossil Bluff: What the rocks tell us about climate change
Harmonica for beginners
Kitchen Knife Skills
Maths for grandparents
Cooking With Curie — Love it or hate it, you can't escape i
Origins of Language
Politics in the 21st century; change and dysfunction
Scottish Country Dancing
Ukulele and Singers Jam
Video — Introduction to Digital Film Making

Visit to SED Industry
Magic of Watercolour
Why Things Happen
Serendipity
Electric Vehicles
How to build a ukulele
Ships
How Things Work
Waterbirds in our region
History of Optics in Art
Climate Change
Native Orchids of NW Tasmania
On Splintered Rails Part 2 Marrawah Tram
Plant Names and Their Meanings
Visit to the United Nations in New York
Voluntary Euthanasia
Australian Electoral Systems; How they work

Classes Offered in Semester 2, 2017

Home Brewing for Beginners
Home Brewing with Grain
Book Group
Cooking Like a Mad Scientist
Living With the Law
Mahjongg
Maths
Every Picture Tells a Story
Emu Valley Rhododendron Garden Tour
Wonder of Water Colour
Alexander Technique
Balls and Bands
End of Term Picnic at The Gardens
Christchurch Earthquake
History of Goldie Street
Southern Prospect Visit
Ukulele for Beginners
Ukulele Players and Singers (continuation)
Ukulele Players & Singers Concert Practice
Wandering Wynyard (Seniors Week)
Serendipity

Mars as the Abode of Life
Public Speaking
Edible Tasmanian Native Plants
How Do You Find Ore Deposits?
Birds in Our Region
News and Views
Fritz Haber: Benefactor or Monster?
Blood, Guts and Biochemistry
The Rock Readers: How Earth's deep time was discovered
Pilbara Rock Art

Beauty and the Beast
Cooking Styles in Our Area
Understanding International Politics
Maths Mayhem
Photography in the Digital Age
Science: Anthropocene – how we created our own time marker for future rocks
Science: Tickling the Dragon’s Tail
Science: Local Lithology
Write Now

Classes Offered in Semester 1, 2017

Home Brewing for Beginners
Home Brewing with Grain
Book Group
Cooking Like a Mad Scientist
Living With the Law
Mahjongg
Maths
Every Picture Tells a Story
Emu Valley Rhododendron Garden Tour
Wonder of Water Colour
Alexander Technique
Balls and Bands
End of Term Picnic at The Gardens
Christchurch Earthquake
History of Goldie Street
Southern Prospect Visit
Ukulele for Beginners
Ukulele Players and Singers (continuation)
Ukulele Players & Singers Concert Practice
Wandering Wynyard (Seniors Week)
Serendipity
Mars as the Abode of Life
Public Speaking
Edible Tasmanian Native Plants
How Do You Find Ore Deposits?
Birds in Our Region
News and Views
Fritz Haber: Benefactor or Monster?
Blood, Guts and Biochemistry
The Rock Readers: How Earth’s deep time was discovered
Pilbara Rock Art
Beauty and the Beast
Cooking Styles in Our Area
Understanding International Politics
Maths Mayhem
Photography in the Digital Age
Science: Anthropocene - how we created our own time marker for future rocks
Science: Tickling the Dragon’s Tail

Science: Local Lithology
Write Now

Classes Offered in Term 1, 2016

Amigarumi
Anatomy and Physiology
Art En Plein Air
Art – Mixed Media Mayhem
Basic Kayaking
Book Group (through year)
Clogging
Economics
French Conversation
Health: Alexander History
Health: The Alexander Technique
Health: Mindfulness – What's It All About?
Health: Chi Ball
Mahjongg (Japanese Rules)
Recycling
Sock Knitting – More Advanced
Singing: Let's Sing Out Loud!
Something in the Air (juggling with scarves)
Ukulele
Serendipity
Black and Shiny Words (Geology)
There's A Hole In My Tent! (The impact of photography on Western art)
Where Do Numbers Come From?
Sex, Death and Geological Triumph
Politics The once and
future elements
The Good Oil on Fats (healthy nutrition)
Plant Names and Their Meanings: An Introduction to Plant Nomenclature
How Do Mineral Deposits Form?
Tulips – where in the world do they go?
On Splintered Rails (The history of Tasmanian tramways)
From Rocky Cape to the Rocky Mountains: Geological Connections between Tasmania and the
Western United States

Classes Offered in Term 2 2016

Art Cryptic
Crosswords
German Science: Anat
omy and Physiology
Science: Rock Words (geology)
Science: The Universe Is So Big and I Am So Small
Science: Tour of Tas. Advanced Minerals
Writing: Creative Writing
Writing: Poetry Writing: Jour
nalism Writing: Self-Publishing
Knitting Socks

Health Matters: CPR & Stroke Recognition
Health Matters: Hearing
Health Matters: Herb and Drug Interactions – What’s good and what’s not
Health Matters: Palliative Care
Health Matters: Living Well – Increase your own community’s health and wellbeing
Health Matters: How To Maximise Your Mental Health
Health Matters: Buteyko
Over The Rainbow: A love story
Sudoku for Beginners
Ukulele for Beginners
Upwords Picnic at
Hanging Bluff (end of year celebration)
E-bikes: A wonderful way to see the world
Introduction to Family History Research
History of Mythology
Tools and Trailers: Blade Sharpening
Tools and Trailers: Basic Tools
Tools and Trailers: Let’s Make Something
Tools and Trailers: Trailer Reversing
Introduction to Line Dancing
Money, Debt, Deficit and Other Myths: The challenges for economic orthodoxy
Introduction to Scottish Dancing
Serendipity Fiery Words
(Geology)
Cheesemaking at Home
What the Rocks at Fossil Bluff Tell Us About Climate Change
One Picture – A Thousand Words: Maps past and present
Two Cultures: Art and Science
The Ship, The Pinhole & the Prism (The invention of perspective in Western art)

Term 1 2016

Aerobics: An Introduction
Bird Identification for Beginners
Eco Spirituality
Gin: Dutch Courage , Mothers’ Ruin or the Cocktail Queen?
Living with the Law in Tasmania
Real Estate: How to Negotiate
A Musical Journey from Europe to Tasmania
Coffee Shop German
Serendipity: So Many Gods
Serendipity: China – Beyond the Tourist Bubble
Serendipity: Dance of the Dragon
Serendipity: Earthy Words
Serendipity: Beachcombing
Serendipity: Stopping the Rot
Serendipity: Artistic Creativity – Origins and Processes
Serendipity: Deep Down where Sun Don’t Shine (science of speleology)
Serendipity: Liquid Gold (cider making)
Train Your Memory
You, Me and Almost Everything Else: The Inside Story (introduction to chemistry)
The World’s a Stage

Italian for Fun
Rock Words (geology)
Stretching for Seniors
Taking Better Photos

Term 2 2015

All the Ins and Outs of Buying and Selling Real Estate
Art Basics: The Building Blocks of Drawing and Painting
Becoming a Tutor with U3A
Bird Identification for Beginners
Coffee Shop French
Creative Writing
Electoral Matters
Health: It's your choice – let's talk about it
Reading With Curiosity
Relaxation and Meditation
Serendipity: Rock Words
Serendipity: Outer Mongolia
Serendipity: Caring for Your Back
Serendipity: Great Scientists – Men and Women Who Made a Difference
Serendipity: Eating Wild Tasmanian (Plants)
The Great War: Causes and Consequences 1914 – 2014

Term 1 2015

Enjoying Drama and Theatre
Cryptic Crosswords
Group Exercise for Active Older Adults
Better Ways of Living in Your "Place"
Music for an Enquiring Mind
Introducing the Law
Bird Identification
Regional History
Life, the Universe and Everything Else